



MENTORING & CONSULTATION

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Thank you for inquiring about meeting with me about your spiritual direction work. I provide this service to spiritual directors, spiritual direction supervisors and other types of spiritual companions, such as chaplains and other clergy.

Mentoring is a relationship between two spiritual directors in which the more experienced one offers wisdom and encouragement at the request of the other. It can be an on-going relationship, meeting monthly or quarterly. If you are interested in having me as a mentor, I will consider this provided you understand that *you* will bring the questions and content you want discussed. I do not have a mentoring “program” or curriculum to be followed. Mentoring sessions last 45-50 minutes and cost \$80.

Consultation is similar to mentoring in that you bring your questions and conversation topics about your practice of spiritual direction to the session. An example of consultation is a spiritual director wanting to begin a private practice but has a lot of questions about what that looks like and how to begin. Supervision typically does not spend much time on consultation because its goals are different. So, if you already have a supervisor and simply need another experienced spiritual director to brainstorm “how-to” with, consultation is for you. Consultations run 45-50 minutes and cost \$80.

As you can tell from these descriptions, mentoring involves some consultation and consultation may, at times, look more like mentoring. There’s a lot of overlap and we can figure out what you need when we meet for a 15-minute intake call prior to booking a session.

Mentoring or consultation sessions must be booked in advance. I work from 10:00AM – 6:00 PM Arizona time. Payment is via PayPal, Venmo or Zelle. (I also take checks through the mail if you still do that!)

I conduct mentoring & consultation sessions on ZOOM or telephone.

Thank you for your interest in mentoring & consultation, and I hope to hear from you soon!

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